St. Mary’s Falmouth & Helston RC Parish

**Parish Priest - Father Brian Kenwrick V.F.**

**4th SUNDAY IN ORDINARY TIME** (YEAR A) Psalter 4 **29th January 2023**

**** **SUNDAY MASS TIMES**

 **SAT 6.00 pm FALMOUTH Mary Croll RIP**

 **SUN 9.00 am MAWNAN SMITH**

 **SUN 9.30 am HELSTON**

 **SUN 10.30 am FALMOUTH People of the Parish**

 **SUN 11.30 am MULLION**

**FALMOUTH HELSTON**

**Weekday Masses/Services**  (4th week in Ordinary Time)

**MON weekday 10.00 am Anne Bevan Parry RIP FALMOUTH**

 **10.00 am HELSTON**

**TUES St John Bosco 10.00 am Kathleen Hughes RIP FALMOUTH**

 **10.00 am HELSTON**

**WED weekday 9.10 am whole school ST MARY’S SCHOOL**

 **6.00 pm FALMOUTH**

**THUR PRESENTATION OF THE LORD 10.00 am Sister Helen RIP MAWNAN SMITH**

 **12 noon HELSTON**

**FRI Ss Blaise & Ansgar 10.00 am Jean O’Flaherty RIP FALMOUTH**

 **10.00 am Berney Twins int MULLION**

**SAT weekday 10.00 am Mairead McInerney int. FALMOUTH**

 **10.00 am HELSTON**

**All Masses at Falmouth and Helston are live-streamed on our website:** [**www.falmouthcatholicchurch.org.uk**](http://www.falmouthcatholicchurch.org.uk)

**THE SACRAMENT OF RECONCILIATION is available on**

**Saturdays 10.30 am – 12 at Helston, Saturdays 1030 am – 11.30 am and 5pm – 5.45 pm at Falmouth**

**PARISH CLERGY**

**Parish Priest – Father Brian Kenwrick VF Dean of Cornwall, email:** **brian.kenwrick@prcdtr.org.uk**

**Assistant Priest – Father Andrew Marlborough email:** **andrew.marlborough@prcdtr.org.uk**

**Retired Priest in Residence at Helston – Father Paul Andrew email:** **paul.andrew@prcdtr.org.uk** **07548654893**

**CHURCHES**

**St Mary’s, Killigrew St, Falmouth, TR11 3PR email:** **falmouth@prcdtr.org.uk** **phone 01326 312763**

**St Mary’s, Clodgey Lane, Helston TR13 8PJ**

**St Michael’s, Meaver Road, Mullion TR12 7AH**

**St Edward’s, Old Church Road, Mawnan Smith TR11 5HJ**

**USEFUL CONTACTS**

**Parish office:**

**St Mary’s Presbytery, Killigrew Street, Falmouth TR11 3PR email:** **falmouth@prcdtr.org.uk** **phone 01326 312763**

**Parish School: St Mary’s RC Primary, Mongleath Road, 01326 314540**

**Safeguarding Officers: - Falmouth & Mawnan Smith Sheila Jordan (01326 619648) Hilary Kiszczuk (07305602680)**

**Helston – Margaret Chambers (01326 240048) Meg Trevaskis (07813118426) Mullion Mary Keeley (01326 290008)**

**Helston Hall administrator: Margaret Chambers** (01326 240048 or 07879 402932).

**Website:** [**www.falmouthcatholicchurch.org.uk**](http://www.falmouthcatholicchurch.org.uk)

**The Parish is a part of Plymouth RC Diocese, a Registered Charity no. 213227**

**A very warm welcome
to all who are worshipping with us today**.

Tea & coffee are served in the parish halls at both Helston and Falmouth after Sunday Mass.

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**Student News**

**Monday 30th: Food4Soul** at the Multifaith Chaplaincy in Penryn. Mass at 12:30 followed by a soup lunch. All welcome

**Tuesday 31st: Rosary** at 8 pm and **Lectio** at 8:20 pm both in the Chaplaincy

**Wednesday 1st February : Table Tennis** in the parish hall St Mary’s in Falmouth from 3:30-5 pm

**Thursday 2nd: Drop-in** **and Crafternoon** at the Chaplaincy from 2:30-4:30 pm

For more information see our Instagram @ falcathsoc1

If you need to speak to a Chaplain please email Fran Freeman at f.freeman@fxplus.ac.uk

**First Holy Communion**

Sessions for the children continue on Wednesday 1st February at 3.30 pm at St Mary’s School,

**Flame 2023 – tickets £35**

**Saturday 4th March,** Wembley Stadium times tbc

**Age: 14 – 21**

Join Youth Events at Wembley Stadium on Saturday March 4th. Tickets are £35 which include entry and travel to Wembley. Coaches will pick up from locations in Dorset and Devon. It’s a great chance to hear from speakers like Robert Bilott, singer/ songwriter Adenike and award winner Guvna B. This is the largest catholic gathering in England and Wales. To book: <https://forms.office.com/r/i7rv7WzbG4> Or contact Saskia or Michelle at: youth:prcdtr.org.uk

**Diary Dates**

any items marked \* need to be pre-booked

29th Jan Mullion lunch\*

31st Jan 2 pm Living with loss Fal hall

1st Feb 3.30 pm FHC St Mary’s school

2nd Feb Helston lunch\*

3rd Feb 6.30 pm RCIA Fal hall\*

19th Feb Fairtrade after Mass Fal hall

**‘Synodality Series’**

**By popular demand, the diocese is offering 2 further talks by Dr Caroline Farey on vital aspects of synodality.  Come and discuss in person or join the day online via zoom.**

The talks will take place at St Peter’s Catholic Church, Crownhill, Plymouth, PL5 3AX For those attending the day there will be 10.30am Refreshments and 12.15pm Lunch break. (Bring your own lunch). There is also Mass at 9.30am.

To request a zoom link please email: carolinefarey@btinternet.com

**Saturday 11th February 2023:**

11.00am: Talk 1. Sharing the priesthood of Christ.

1.15pm:  Talk 2. Should women share in the hierarchy?

**1st Tuesday Coffee Morning**

Tuesday 7th February 2023

Please join us for coffee/tea, cake, sausage rolls and a chat after Mass Tuesday 7th February. Everyone welcome.

Coffee Morning will be followed with a Social & Fundraising Team meeting.

**Stay Awake**

‘Stay Awake’ is taking place for the **FIFTH** year on **Saturday 11th March 2023**, at All Saints Church of England Academy, Weymouth, 10:00 – 19:00. **This is YOUR Invitation**! Please come and bring your friends and neighbours to an inspirational day of growing closer to Jesus. There will be Mass, Praise and Worship, Kids' activities, Fellowship, Workshops, a Prayer Room and Pizza in the evening for dinner! What’s not to love?! **Tickets are FREE for those in Year 9 and under and only £10 for everyone else!** Please see [**www.stayawakejc.com**](http://www.stayawakejc.com/) for more information and to book tickets!

**Helston Church Clean**

We need 2 or 3 new volunteers as we have retired two 85 year olds, and another who is not physically able to help with this anymore.

If we have a full rota, the job involves cleaning twice a year plus Christmas and Easter, and takes one and half hour.

Please see Anne Randall if you can help.

**LOUDfence in the Diocese of Plymouth**

The Diocese of Plymouth are holding a LOUDfence at Christ the King Church in Plymouth between Wednesday 15th and Friday 17th February 2023.  A LOUDfence is a visible display of support and solidarity with those who have been affected by abuse.  We want to show survivors of abuse that we hear you, we believe you and that we are here to support you.  Attendees will be encouraged to tie a ribbon to a fence which could also include a message of support. The event is open to everyone, and the LOUDfence will be in place at the front of Christ the King church from 2:00pm on Wednesday 15th February until 4:30pm on Friday 17th February, for ribbons and messages to be added.  Members of the safeguarding team will be present during working hours. Here is a full schedule of events for the LOUDfence:

**Wednesday 15th February at 2pm** – Opening of the LOUDfence.
Speakers: Fr Mark Skelton (Clergy Lead for Safeguarding) and Antonia Sobocki (LOUDfence).

**Thursday 16th February** – LOUDfence open all day.

**Friday 17th February** – LOUDfence until 4:30pm.
A Survivors Mass will be held at 12 Noon, celebrated by Fr Mark Skelton.

If you are unable to attend the LOUDfence but would like to send a message of support for this, please visit: <https://www.plymouth-diocese.org.uk/the-diocese/how-we-work/vicariate-for-safeguarding-and-pastoral-care/loudfence/> and complete the online form, or send an e-mail to: sophie.scagell@prcdtr.org.uk

**Cornwall Hospice Care** are holding a Valentine Coffee Morning on Tuesday 14th February.

It is at the Sailing Club in Flushing 10.30am - 12noon.

There is ample parking on the road leading to the beach and both the ferry and the

buses ply regularly to Flushing.

There will be a raffle and a cake stall.

We look forward to seeing you all there - the views are amazing!!

**St Rita’s shop in Honiton**

is offering Lent Easter religious articles, and we hope you will find this Lent Easter range inspiring. St. Rita’s shop prices are very competitive.

You can find the shop online at [www.stritascentre.shop](http://www.stritascentre.shop) with many more items for sale, such as books, statues, holy pictures, etc. Orders can be made online [www.stritascentre.shop](http://www.stritascentre.shop), by email: shop@stritascentre.org or by phone 01404 42635.

**Plymouth Diocesan Ignatian Spirituality Group**

 Ignatian silent, individually guided retreats available in the Plymouth Diocese in 2023.

**LENTEN RETREATS**

Feb 24th – 26th (Fri – Sun) Weekend Retreat

Feb 27th – 3rd March (Mon – Fri) Midweek Retreat

Feb 24th – 3rd March (Fri - Fri) 6-day retreat.

Venue: St Rita’s Centre Honiton, East Devon. A well- appointed retreat house with comfortable ensuite accommodation situated in the Vale of Honiton.

**SUMMER RETREATS**

Jun 30th – 2nd July (Fri - Sun) Weekend Retreat

July 3rd – 7th July   (Mon - Fri) Midweek Retreat

Jun 30th – 7th July (Fri - Fri) 6-day Retreat

 Venue: Sclerder Abbey, nr Looe, Cornwall

The retreat house in its tranquil setting and with a large garden and pleasant rural walks nearby is situated near Looe in Cornwall.

Cost includes full board & lodging.

Recommended donation:

Weekend Retreat £140;

Midweek Retreat £240;

6 – day Retreat £450.

Please contact  Plymouth Diocesan Ignatian Spirituality Group at
diocesan-ignatian-retreats@prcdtr.org.uk

 or phone 01752 769164 or 07823 447637

for further information or booking form.



**Points to Ponder**

A vocation is the backbone of life.

*(Fredrich Nietzsche)*

Support your priests with your love and prayers, that they may always be shepherds after Christ’s heart. *(Pope Francis)*

Priests are like airplanes; one falls and it’s all over the news but no one remembers those who are still flying. *(Anon)*

**From Father Brian**

This weekend, at Falmouth, we welcome Father Paul Keys. Father Paul is one of our priests who is responsible for vocations to the Priesthood in the Diocese of Plymouth. Father Paul is visiting parishes encouraging us to think and pray for vocations and to support those who may be considering the call to the ordained ministry. Father Paul will be preaching at the Masses at Falmouth and Mawnan Smith.

Have a good and safe week

On a lighter note:

A little child was heard to pray: “Our Father, who art in Devon, Harold be thy name…”

**Pope’s intentions for January**

For educators: We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.

**Please keep in your prayers** our sponsored seminarian in Kenya, **Brother Francis Achieng**.

***Please pray for those in the Parish who are sick or housebound or in need of our prayers***.

Kathleen O’Flaherty, Colin Campbell, Theresa Sullivan, Isabella Grace, Jason Campbell, Sister Martin, Steven Pellow, Pat Berney, Hugh McLoughlin, David Stevens, Sheila Mulligan, Jenny Davis, Francis Thompson, Veronica Robbins, Bishop Christopher Budd, Peter Luckman, Colin Davis, Lily Kingett , Audrey Holley, Sheila Jordan, Lorna Bean, Ian Bond-Stocks, Frances Chapman, Chris Cowen, Frieda Curnow, Lucy Daish, Poppy DeAth, Joan Duffy, Jenny Gilbert, Mary Harry, Jenny Hayes, Marie Kennan, David & Carmel Kerslake, Frances Meeks, Theresa Neal, John Ronan, Paul Ronan, Tony Ronan, May & Gordon Stewart, Mike Hughes, Susan Barrow, the Mosely family, Daniel Williams, Valerie Dalton, Bridget Van de Pool, Cynthia Millward, Mairead McInerney and Susan Parr.

Thank you for your prayers, it is a pleasure to say that we have been able to take some people off the list because they have recovered.