



PE Intent

At St. Mary's Catholic Primary School we recognise the importance of Physical Education (PE) in all aspects of daily life. PE is a vital part of school life and ultimately the children's future well-being and health. It is therefore our intent to provide an inclusive, broad and balanced PE curriculum that ensures all children will benefit, whether through enhancing existing skills, learning new skills or being introduced to new sports.

The children at St. Mary's are provided with high quality PE and sports provision from specialised PE teachers. To ensure development and application of skills in sports, we follow the Arena scheme of work throughout KS1 and KS2. In line with the National Curriculum, we ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

It is our intent to ensure that children understand the importance of leading a healthy lifestyle and to equip them with the tools to do so through health and well-being education. By providing our children opportunities to compete in sports and other activities we aim to build character and embed values such as fairness and respect.