|  | Meat Option | Vegetarian Option | Served with | Jacket Potato and Salad | Homemade Bread of the day | Dessert |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Monday $6^{\text {th }}$ September | INSET DAY |  |  |  |  |  |
| Tuesday $7^{\text {th }}$ September | Beef Bolognese | Vegetable Bolognese | Spaghetti \& Parmesan | 1. Cheese <br> 2. Beans <br> 3. Tuna | Dough Balls | Yoghurt or Fruit |
| Wednesday $8^{\text {th }}$ September | Roast Pork \& Apple Sauce | Cheese and Potato Layer Bake | Roast Vegetable Medley | 1. Cheese <br> 2. Beans <br> 3. Tuna | Tiger Bread | Cake, Yoghurt or Fruit |
| Thursday $9^{\text {th }}$ September | Sticky Chicken | Sticky Quorn | Steamed Rice \& Green Beans | 1. Cheese <br> 2. Beans <br> 3. Tuna | Garlic Bread | Chocolate Sponge, Yoghurt or Fruit |
| Friday $10^{\text {th }}$ September | Oven Baked Battered Fish Finger | Fried Egg | Oven Chips, Garden Peas \& Ketchup | 1. Cheese <br> 2. Beans <br> 3. Tuna | Baguette \& Butter | Fruit, Jelly or Ice Cream |


|  | Meat Option | Vegetarian Option | Served with | Jacket Potato and Salad | Homemade Bread of the day | Dessert |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Monday $13^{\text {th }}$ September | Beef Bolognese | Vegetable Bolognese | Spaghetti \& Parmesan | 1. Cheese <br> 2. Beans <br> 3. Tuna | Garlic Slice | Yoghurt or Fruit |
| Tuesday <br> $14^{\text {th }}$ September | Butter Chicken Curry | Veg Chickpea Curry | Steamed Rice \& Green Beans | 1. Cheese <br> 2. Beans <br> 3. Tuna | Naan Bread | Apple Syrup Sponge, Yoghurt or Fruit |
| Wednesday $15^{\text {th }}$ September | Roast Beef with Yorkshire Pudding | Veg Sausage with Yorkshire Pudding | Roast Potato, Vegetable Medley \& Gravy | 1. Cheese <br> 2. Beans <br> 3. Tuna | Tiger Bread | Fruit Flapjack, Yoghurt or Fruit |
| Thursday $16^{\text {th }}$ September | Steak Pasty Pie | Cheese \& Onion Pasty Pie | Beans | 1. Cheese <br> 2. Beans <br> 3. Tuna | Bread Slice | Chocolate Brownie, Yoghurt or Fruit |
| Friday <br> $17^{\text {th }}$ September | Oven Baked Battered Fish Finger | Cheese Ploughman's | Oven Chips, Garden Peas \& Ketchup | 1. Cheese <br> 2. Beans <br> 3. Tuna | Baguette \& Butter | Fruit, Jelly or Ice Cream |


|  | Meat Option | Vegetarian Option | Served with | Jacket Potato and Salad | Homemade Bread of the day | Dessert |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Monday 20 ${ }^{\text {th }}$ September | Beef Bolognese | Vegetable Bolognese | Pasta \& Parmesan | 1. Cheese <br> 2. Beans <br> 3. Tuna | Dough Balls | Chocolate Crunch, Yoghurt or Fruit |
| Tuesday $21^{\text {st }}$ September | Sausage with Yorkshire Pudding | Quorn Sausage with Yorkshire Pudding | Mash \& Vegetables | 1. Cheese <br> 2. Beans <br> 3. Tuna | Baguette Slice | Yoghurt or Fruit |
| Wednesday $\mathbf{2 2}^{\text {nd }}$ September | Roast Chicken \& Stuffing | Cheese, Onion \& Potato Layer Bake | Roast Potato, Veg Medley \& Gravy | 1. Cheese <br> 2. Beans <br> 3. Tuna | Naan Bread | Lemon Drizzle Cake, Yoghurt or Fruit |
| Thursday $23^{\text {rd }}$ September | BBQ Chicken | BBQ Mushrooms \& Chickpeas | Rice with Steamed Beans | 1. Cheese <br> 2. Beans <br> 3. Tuna | Seeded Bread | Cookies \& Milk, Yoghurt or Fruit |
| Friday <br> $24^{\text {th }}$ September | Oven Baked Breaded Fish | Veggie Burger | Oven Baked Chips \& Baked Beans | 1. Cheese <br> 2. Beans <br> 3. Tuna | Tiger Bread | Fruit, Jelly or Ice Cream |

