



"I am the way, the truth and the life."

(John 14:6)

We place our children at the heart of all we do, inspired by the love, life and teachings of Jesus.

We aim to:

Nurture, Prepare, Support, Enable

**Physical Education Curriculum Overview 2022-23** 

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Reception	EYFS Fundamentals 1	EYFS Fundamentals 2	EYFS Games 1	EYFS Games 2	Fundamental Athletics 1	Fundamental Athletics 2
	EYFS Gymnastics 1	EYFS Gymnastics 2	Dance – Under the sea	Dance - Toys	Dance – Three Little Pigs	Striking and Fielding
Year 1	Key Stage 1 Games 1	KS1 Fundamentals	Dance - Dinosaurs	Gymnastics – Travelling with jumping and	KS1 Athletics 1	KS1 Striking and Fielding
	KS1 Net and wall		Gymnastics – Basic skills	landing	Dance – Animals	KS1 Athletics 2
				Key Stage 1 Games 2		
Year 2	Key Stage 1 Games 3	Key Stage 1 Games 2	Football	Key Stage 1 Games 4	KS1 Athletics 1	OAA
	Gymnastics – stretching and curling	Dance - Celebrations	Gymnastics – direction and pathways	Dance – Antarctica	Cricket	KS1 Athletics 2
Year 3	Football	Dance – Machines	Netball	Hockey	Athletics 3	Cricket
	Alternative Sports	Tag Rugby	Gymnastics - flight	Dance - Weather	Swimming	Striking and fielding
Year 4	Athletics 3	Football	Dance – Shake, rock and	Dance – Rainforests	Swimming	Alternative Sports
	Basketball	Gymnastics – Asymmetry /Symmetry	roll Netball	OAA	Athletics 4	Tennis
Year 5	Swimming	Gymnastics – Partner Sequences	Dance – Tudor	Football	Netball	Striking and fielding
	Hockey	Tag Rugby	Fitness circuits	Tri Golf	Athletics 6	Cricket
Year 6	Basketball	Football	Badminton	OAA	Athletics 5	Tennis
	Swimming	Dance – Communication or India	Gymnastics – Counterbalance	Handball	Athletics 6	Lacrosse