St Mary's Catholic Primary School **Mongleath Road Falmouth** TR₁₁ 4PW 01326 314540



November 2022 **Newsletter 4**

Dear parents and carers,

We have had a busy few weeks since returning from the half term. Our training day after half term was spent learning about how to teach talk for writing, a really motivating way to teach writing through retelling the text, build vocabulary and exploring how language can be sued to create effect. The teachers are really enjoying teaching it and the children are having a great time learning the texts and putting the retelling into their writing. Its great to see the enthusiasm, its wonderful! We are having a drive on attendance across the school to ensure the children are making the very best progress over time. It is so important to catch up on those years lost from the COVID interruption so please let us know if we can do anything for you, we can administer medicine if needed and ensure pupils check in with you and we will certainly make sure that we phone home if they are poorly. Our attendance page is on our website if you would like more information http://www.stmarys-fal.cornwall.sch.uk/web/attendance/629785

We bid a fond farewell to Mrs Slater, our school cook, who has decided to move onto pastures new, we wish her all the very best of luck and we thank her for all of the support she has given the school as a cook and as a governor. Good luck Mrs Slater!

As always thank you so much for your continued support, its so good to work together to ensure your children get the very best start to their education.

Best wishes, Mrs McDonald and the team at St Mary's

Diary Dates

NOVEMBER

Monday 14th Y5 Falmouth Art Gallery and Library Trip Mon 14th Odd Socks Day Tuesday 15th Y1 Visual & Hearing Screening Tuesday 15th Y5 Cinema Trip Tuesday 15th-Weds 16th Parent Consultations Thursday 17th 9.30 & 1.45 Open Day Friday 18th Children in Need Dress Down Tuesday 22nd 4pm Governors Meeting Thurs 24th Christmas Light Switch On Thurs 24th PTA Pre-loved clothes sale and Tuck Shop Fri 25th Football Day

DECEMBER

Fri 2nd Dec Cosy Up Collection for CAFOD – Wear slippers Mon 5th Reception Play Tues 6th Y1&Y2 Play Wednesday 7th Y3&4 Play Thursday 8th 9.30am & 1.45pm Open Day Thursday 8th Christmas Jumper Day for Save the Children Monday 12th Y5 at Nexus Science, Camborne Monday 12th Reception and KS1 Treasure Island Tuesday 13th KS2 Treasure Island Thursday 15th Carol Concert 6pm Friday 16th Last Day of Term



We are really pleased with the uptake for Wraparound After School and really want to continue to offer this provision for parents. Mrs Trevartha-Andreou is doing an amazing job! Unfortunately we are struggling to fill the vacancy for 12.5 hours which means the club may be in leopardy. If you know of anyone who may be interested or would be interested yourself, perhaps on a job share basis. Please contact us. or speak to Mrs

McDonald on the gate if you can We are looking for :-Wraparound Play Assistant for 12.5

hours

If you would like to join our team and support the Catholic ethos of our school please see the details on our webpage; http://www.st-marysfal.cornwall.sch.uk/web/ vacancies/596710

We are committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment. An enhanced DBS Disclosure is



A Prayer for Armistice Day

Dear Lord,

Today we honor our veterans,

worthy men and women

who gave their best

when they were called upon

to serve and protect their country.

We pray that you will bless them, Lord,

for their unselfish service

bless them abundantly

for the hardships they faced,

for the sacrifices they made.

We respect them, we thank them,
we honor them, we are proud of them,
and we pray that you will watch over
these special people
and bless them with peace and happiness.

In Jesus' name we pray for Peace in this beautiful world - Amen.

Lord Jesus, I believe:
That I am a precious part of your family,
Jesus, I trust in you.
That you are continually loving me,
Jesus, I trust in you.
That you are holding me in your loving arms,
Jesus, I trust in you.
That you give me all that I need,
Jesus, I trust in you.
That you guide me in your way,
Jesus, I trust in you.
That I am your beloved child,
Jesus, I trust in you.
Amen



Thank you to ALL of

our Y6

Poppy sellers this week!



Year 6 went on a very successful trip to Falmouth Library and Falmouth Art Gallery. We exercised out legs walking there and back, had a short reading session in the Library and had lunch outside in the dry weather! We then went to see the Art Gallery's collection and we picked our favourite piece. Then, Sarah, taught us how to print over tissue paper collage and we had a go at rolling out own ink and printing with it. We then helped clear everything up and walked back to school. We had a great day!









The menu from Monday 21st November will be with Chartwells, their menu is overleaf.

Next week we will be offering a temporary menu of:

Monday
Tomato Pasta Bake
Fruit and Yoghurt
Tuesday
Meat or Veg Pasties
Jelly
Wednesday
Sausage and Vegetable Casserole
Ice Cream
Thursday
Beef Bolognaise
Fruit & Yoghurt
Friday
Fish and chips
Oat Cookies

Please be patient with us whilst we change over to Chartwell, we are sorry for any inconvenience if you have already pre-booked meals on Parent Pay. we will be changing the Parent Pay menus next week



Thank you for your

donations and thank you to our wonderful PTA for organising! We raised £136 for school funds



We are very sorry to say good bye to our school chef, the wonderful Mrs Slater. She will be much missed, especially her roast potatoes! We wish her all the best for the future and would like to thank her for all of her hard work for our school.

Thank you!

Football Day on November 25th

It's a dress down football theme!!!

Donations of sports kit needed for a swap shop after school and there will be football themed activities all day in school.!



WEEK ONE:-

w/c Monday 21st November & W/c Monday 12th Dec

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Sausages, Mash & Gravy Pork & beef sausages in gravy	Macaroni Cheese Macaroni in a creamy cheese sauce	Roast Chicken with Roast Potatoes and Gravy Roast chicken with roasties and gravy	Cheese & Tomato Pizza © Deep base pizza with a cheese & tomato topping	Fish & Chips Our traditional Friday favourite
Alternative Dish	Butternut Squash & Chickpea Curry & Rice	Mild Bean Chilli & Rice	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy © ** Chunky sweet potato and chickpea roast	Beef Pasta Bolognese A classic Italian beef bolognese in tomato sauce	Dippers and Chips ☑ Crispy Quorn nuggets
Jacket Potato	Jacket Potato with Salmon Mayo	Jacket Potato 🦃 💟 with Veggie Bolognese	Jacket Potato with Cheese	Jacket Potato 🧽 with Baked Beans 🔮	Jacket Potato with Cheese 🍑 🥮
Vegetables	Golden Sweetcorn or Salad	Rainbow Vegetables or Salad	Carrots and Cabbage	Garden Peas or Salad	Baked Beans or Salad
Desserts	Smooth Fruit Yoghurt	Apple, Orange & Melon Fruit Bowl	Cranberry Shortbread Biscuit	Pear & Chocolate Sponge	Jammy Jack Flapjack

WEEK TWO

w/c Monday 28th November

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Chicken Korma & Rice Mild creamy korma sauce and fluffy rice	Cheese & Tomato Pizza O Deep base pizza with a cheese & tomato topping	Roast Harn with Roast Potatoes and Gravy Harn in gravy with roasties and gravy	Classic Beef Burger Served with salad & diced potatoes	Fish & Chips Our traditional Friday favourite
Alternative Dish	Quorn Sausage, Mash & Gravy © & Sausage in gravy with mash potato	Beef Pasta Bolognese A classic Italian beef bolognese in tomato sauce	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy ** Chunky sweet potato and chickpea roast	Mild Bean Chilli & Rice © © Baked bean chilli and fluffy rice	Cheese & Vegetable Frittata & Chips
Jacket Potato	Jacket Potato With Cheese	Jacket Potato With Baked Beans	Jacket Potato With Tuna Mayo	Jacket Potato With Cheese	Jacket Potato 💿 🥮 With veggie bolognese
Vegetables	Garden Peas or Salad	Green Beans or Salad	Carrots and Cabbage	Golden Sweetcorn or Salad	Baked Beans or Salad
Desserts	Cranberry Shortbread Biscuit	Smooth Fruit Yoghurt	Pear & Chocolate Sponge	Apple, Orange & Melon Fruit Bowl 🐞	Muesli Flapjack

WEEK THREE

w/c Monday 5th December

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Macaroni Cheese O Macaroni in a creamy cheese sauce	Sausages, Mash & Gravy Pork & beef sausages in gravy	Roast Beef with Roast Potatoes and Gravy Sliced roast beef with roasties and gravy	Cheese & Tomato Pizza © Deep base pizza with a cheese & tomato topping	Fish & Chips Our traditional Friday favourite
Alternative Dish	Chicken Tikka Masala & Rice & Mild tikka sauce and fluffy rice	Cheese & Tomato Pasta Creamy cheese & tomato sauce with pasta	Quorn Sausage with Roast Potatoes and Gravy Quorn Sausage in rich gravy with roasties	Butternut Squash & Chickpea Curry & Rice	Veggie Burger & Chips
Jacket Potato	Jacket Potato With Tuna Mayo	Jacket Potato 🧇 With Baked Beans 🍳	Jacket Potato With Cheese	Jacket Potato ⊙ ॐ With Veggie Bolognese	Jacket Potato With Cheese •
Vegetables	Green Beans or Salad	Garden Peas or Salad	Carrots and Cabbage	Rainbow Vegetables or Salad	Baked Beans or Salad
Desserts	Jammy Jack Flapjack	Apple, Orange & Melon Fruit Bowl 🍏	Pineapple Sponge	Smooth Fruit Yoghurt	Muesli Flapjack





Massive congratulations to Georgia!

Georgia from class 6 was selected to represent Cornwall last weekend in a Untied Dance Organisation competition - Encore.

Georgia took part in group, duo and solo contemporary categories. The group entry achieved an amazing third place and Georgia also received two call backs for her duo and solo routines although sadly didn't make the final round.