



goactivecornwallasc@gmail.com
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St Mary's Falmouth- KS1 Multi-Skills + Energy Club

Multi-skills clubs provide a non-sport specific, fun, challenging and enjoyable starting point for children's involvement in sport. Sessions include a wide variety of games and activities, all involving the development of skills and attributes that can be applied to a range of sports and physical activities that a child may subsequently choose to participate in. A high quality multi-skills experience is a fantastic starting point for children on their journey towards lifelong participation or performance in sport. Multi-skills training can also be used to support the development of children that perhaps have already selected a sport but are looking for extra skills and a change of scenery.

Location: School Playground/Field/Hall.
Times: 3:15pm – 4:15pm.
Years: KS1
Dates: WEDNESDAYS from 5th June to WEDNESDAY 17th July
Clothing: PE / Sports clothes / Comfortable clothing and trainers.

Please return Forms & Payment to the School Office by WEDNESDAY 5th June

HURRY! FIRST COME FIRST SERVE – MAX 20 CHILDREN – MINIMUM 12.



KS1 Multi-Skills + Energy Club
(Wed 5th June - 17th July) £24.50

If paying by cheque: Please make cheques payable to 'St Marys Catholic Primary School'

Child Name..... DOB..... Parent Name.....

School..... Age..... M/F..... School Year.....

Parent/Guardian Email (required please write clearly).....

Parent/Guardian Contact No.....

Any health problems or disabilities.....

Active Start is part of the Go Active Group, and trades under this name. By signing this form I agree to Active Start Ltd's Terms & Conditions and Policies as stated on www.go-active.org. I authorise coaching staff to administer or approve any medical treatment deemed necessary. I agree that continual disruption to the learning of others by an individual may result in removal from the course. Go Active shall not be held accountable for loss or damage whether to person or property in connection with these courses.

I also consent to Active Start Ltd taking & using photographs for promotional purposes only which include my child/children participating in Go Active coaching sessions.

Signed: Parent/Guardian.....