|  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| W/C 25/09/17 | Meat Option | Vegetarian Option 2 | Served with | Jacket Potato and Salad | Homemade Bread of the day | Dessert |
| Monday |  | Cheese \& Tomato Pizza | Veggie Sticks | Cheese \& beans | Pizza Base | Fruit or Yoghurt |
| Tuesday | Beef Bolognese | Quorn Bolognese | Spaghetti, Parmesan and Veggie Sticks | Cheese or Tuna Mayo | Garlic Bread | Fresh Fruit or Lemon Drizzle cake |
| Wednesday | Roast Pork | Stuffed Red Pepper | Roasties,Carrots, Peas, Stuffing and Gravy | Beef or Quorn Bolognese | Baguette Slices | Fruit jelly and Ice Cream |
| Thursday | Butter Chicken | Vegetable and Chickpea Curry | Steamed Wholegrain \& White Rice, Green Beans | Cheese and Baked Beans | Naan Bread | Fruit Platter or Cookie and Milk |
| Friday | Oven Baked Breaded Fish | Mediterranean Veg Tart | Rustic Fries and Garden Peas | Butter Chicken or Vegetable and Chickpea Curry | Tiger Bread | Fruit Salad or Yogurt |
| W/C 02/10/17 | Meat Option | Vegetarian Option | Served with | Jacket Potato and Salad | Homemade Bread of the Day | Dessert |
| Monday |  | Macaroni Cheese | Sweetcorn \& Broccoli |  |  | Fruit Platter or Brownie |
| Tuesday | Beef Cottage Pie | Put Lentil Shepherdess pie | Sweet corn, Garden Peas and Gravy | Coleslaw or Baked Beans | Tiger Bread | Fruit or Peach Sponge \& Custard |
| Wednesday | Beef \& Potato Casserole | Cheese, Potato \& Onion Layer Bake | Carrots and Broccoli | Savory Mince or Puy Lentil Sauce | Bread Rolls | Yoghurt or Fruit |
| Thursday | Sticky Chicken Drumstick | Sticky Quorn Pieces | Steamed Wholemeal \& White Rice, Green Beans | Beef Casserole or Cheese | Sesame Sliced | Fresh Fruit or Yoghurt |
| Friday | Baked Salmon and Bacon | Spanish Omelette | Roast Potatoes, Peas and Spring Onions | Sticky Oriental Chicken or Quorn | Baguette | Fruit Salad and Ice Cream |


| W/C 09/10/17 | Meat Option | Vegetarian <br> Option | Served with | Jacket Potato <br> and Salad | Homemade <br> Bread of the Day | Dessert |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Monday | Lamb Hotpot | Vegetable and <br> Bean Casserole | Mashed Potato <br> and Peas | Tuna Mayo or <br> Cheese | Wholemeal Slice | Banana and <br> Toffee Pudding <br> and Custard or <br> Fruit |
| Tuesday | Chicken and <br> Sweetcorn pasta <br> Bake | Mozzarella and <br> Vegetables Pasta <br> Bake | Broccoli and <br> Veggie Sticks | Lamb or Bean <br> Hotpot | Dough Balls | Fruit Sticks or <br> Yoghurt |
| Wednesday | Roast Chicken | Cheese and <br> Onion Roll | Roasties, Carrots, <br> Green Beans, <br> Stuffing and | Ham or Cheese | Tiger Bread | Fruit Salad or Ice <br> Cream |
| Thursday | Sweet \& Sour <br> Pork | Sweet \& Sour <br> Quorn Pieces | Steamed Rice, <br> Sweetcorn | Cheese and <br> Baked Beans | Flatbread | Fruit Platter or <br> Yogurt |
| Friday | Baked Breaded <br> Fish | Fried Egg | Oven Baked <br> Rustic Fries and <br> Garden Peas | Sweet \& Sour <br> Pork or Quorn | Baguette Slice | Fruit Pieces or <br> Rice Pudding |

