|  | Meat Option | Vegetarian Option | Served with | Jacket Potato and Salad | Homemade Bread of the day | Dessert |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Monday 24 ${ }^{\text {th }}$ September | Meatballs in tomato sauce | Quorn balls in tomato sauce | Tricolour pasta and parmesan | 1. Cheese <br> 2. Baked Beans | Dough balls | Chocolate brownie/yoghurt fruit |
| Tuesday 25 ${ }^{\text {th }}$ September | Butter chicken curry | Veg chickpea curry | Steamed rice and green beans | 1. Beef meatballs with tomato sauce <br> 2. Quorn meatballs with tomato sauce | Naan bread | Orange drizzle cake/ Yoghurt/fruit |
| Wednesday $26^{\text {th }}$ September | Roast chicken with sage \& onion stuffing | Veg sausage with sage \& onion stuffing | Roast potato, vegetable medley \& gravy | 1. Butter chicken <br> 2. Veg chickpea curry | Tiger bread | Fruit jelly/ice-cream/ Yoghurt/fruit |
| Thursday 27 ${ }^{\text {th }}$ September | Steak pasty pie | Cheese and onion pasty | baked beans | 1. Chicken \& sweetcorn <br> 2. Garlic mushrooms | 50/50 bread | Pear upside down pudding \& custard/ Yoghurt/fruit |
| Friday 28th September | Oven baked battered cod fish finger | Quorn sausage | Oven baked chips and garden peas | 1. Cheese or <br> 2. Tuna mayo | Baguette slice and butter | Cookies and milk/ Yoghurt/fruit |


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| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Monday 1st October | Build your own chicken wrap | Build your own Quorn wrap | Salad and fajita sauce and cheese | 1.Cheese, tomato and spring onion 2.Tuna Mayo | wraps | Chocolate crackle/yoghurt/ fruit |
| Tuesday 2nd October | Salmon and cod fish pie | Cheese and tomato pizza | Veggie sticks | 1. Chicken \& bacon <br> 2. Baked beans | Pizza base | Choc \& vanilla marble cake/yoghurt/ fruit |
| Wednesday $3^{\text {rd }}$ October | Roast beef with Yorkshire pudding | Quorn sausage with Yorkshire pudding | Roast potatoes, vegetable medley \& gravy | 1. Cheese <br> 2. Ham \& pickled onion | 50/50 bread | Fruit jelly/icecream/yoghurt/fruit |
| Thursday 4thOctober | Chicken curry | Vegetable and lentil curry | Steamed rice and green beans | 1. BBQ beef <br> 2. $B B Q$ Quorn | Naan bread | Cookies and milk/ yoghurt/fruit |
| Friday 5th October | Oven baked breaded fish | Fried egg | Oven baked chips and baked beans | 1. Chicken curry <br> 2. Veggie curry | Tiger bread | pear muffin/ yoghurt/fruit |


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| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Monday $8^{\text {th }}$ October | Sticky Chinese chicken drumstick | Sticky Chinese Quorn piece | Steamed rice \& green beans | 1. Cheese and tomato <br> 2. Tuna mayo | Dough balls | Chocolate sponge pudding\& pink custard/yoghurt/ fruit |
| Tuesday 9th October | Build your own beef burger | Build your own veggie burger | Potato wedges | 1. Sticky Chinese Chicken <br> 2. Sticky Chinese Quorn | Burger bun | Lemon drizzle/ yoghurt/fruit |
| Wednesday $10^{\text {th }}$ October | Roast chicken with sage \& onion stuffing | Cheese ploughman's with homemade pickled onions | Crispy roasties, vegetable medley \& gravy | 1. Cheese <br> 2. Baked beans | 50/50 bread | Fruit jelly/icecream/yoghurt/fruit |
| Thursday $11^{\text {th }}$ October | Beef Lasagne | Veg Lasagne | Salad | 1. Ham \& homemade pickle onions <br> 2. Cheese \& coleslaw | Garlic bread slice | Cookies and milk/yoghurt/icecream |
| Friday 12 ${ }^{\text {th }}$ October | Oven baked fish fingers | Spanish omelette | Oven chips \& baked beans | 1. Beef bolognaise <br> 2. Veg bolognaise | Baguette slice and butter | Coffee cake/ yoghurt/fruit |

