

MENU

| W/C 22/01/18 | Meat Option | Vegetarian Option 2 | Served with | Jacket Potato and Salad | Homemade Bread of the day | Dessert |
|---------------------|----------------------------------|----------------------------------|---|--|----------------------------------|---|
| Monday | Beef Lasagne | Vegetable Lasagne | Broccoli & veggie sticks | Cheese or tuna mayo | Dough balls | Cookies & milk or fruit |
| Tuesday | Chicken & vegetable casserole | Vegetable & butterbean casserole | Mashed potatoes & garden peas | Beef or vegetable bolognese | Baguette slices | Fruit or yoghurt |
| Wednesday | Roast Pork & apple sauce | Cheese & onion potato bake | Crispy roasties, white cabbage, carrots, peas & gravy | Chicken or veg & butterbean casserole | Seeded | Fruit jelly & ice cream |
| Thursday | Sticky chinese chicken drumstick | Sticky chinese quorn pieces | Steamed wholegrain rice & green beans | Cheese or beans | Wholemeal sliced | Chocolate brownie or fruit |
| Friday | Oven baked fish fingers | Fried egg | Oven baked rustic fries & garden peas | Sticky chinese chicken or quorn pieces | Tiger bread | Chocolate sponge pudding & custard or fruit |
| W/C 29/1/18 | Meat Option | Vegetarian Option | Served with | Jacket Potato and Salad | Homemade Bread of the Day | Dessert |
| Monday | Chicken & sweetcorn pasta bake | Macaroni cheese | Broccoli & veggie sticks | Cheese or beans | Dough balls | Vanilla & chocolate marble cake or fruit |
| Tuesday | Baked local pork sausage | Quorn sausage | Mashed potatoes, peas & gravy | Chicken or cheese | Tiger bread | Apple crumble & custard or fruit |
| Wednesday | Roast Gammon & pineapple sauce | Vegetable crumble | Crispy roasties, broccoli, carrots, peas & gravy | Tuna mayo or beans | Wholemeal sliced | Fruit jelly & ice cream |
| Thursday | Beef stroganoff | Mushroom stroganoff | Steamed wholegrain rice & sweetcorn | Cheese & beans | Baguette slices | Fruit or yoghurt |
| Friday | Oven baked breaded fish | Vegetable spring rolls | Oven baked rustic fries & baked beans | Beef or mushroom stroganoff | Seeded | Lemon drizzle cake or fruit |

| W/C 5/2/18 | Meat Option | Vegetarian Option | Served with | Jacket Potato and Salad | Homemade Bread of the Day | Dessert |
|------------------|--------------------------|-------------------------------|--|--|---------------------------|---|
| Monday | Beef bolognese | Quorn bolognese | Spaghetti, broccoli & parmesan | Cheese & beans | Dough balls | Syrup sponge pudding & custard or fruit |
| Tuesday | Pepperoni pizza | Cheese & tomato pizza | Oven baked rustic fries & veggie sticks | Beef or quorn bolognese | Pizza base | Fruit or yoghurt |
| Wednesday | Roast Beef | Broccoli & cauliflower cheese | Crispy roasties, green beans, carrots, yorkies & gravy | Cheese or tuna mayo | Baguette slices | Fruit, jelly & ice cream |
| Thursday | Butter chicken | Vegetable & chickpea curry | Steamed wholegrain rice & green beans | Tuna mayo or beans | Naan bread | Spicy ginger cake or fruit |
| Friday | Oven baked salmon fillet | Spanish omlette | Steamed new potatoes, broccoli & peas | Butter chicken or vegetable & chickpea curry | Seeded | Flapjack or fruit |