WEEK ONE w/c $\mathbf{2 1}^{\text {st }}$ Nov $\& \mathbf{1 2}^{\text {th }}$ Dec

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Hot Main Dish | Sausages, Mash \& Gravy <br> Pork \& beef sausages in gravy | Macaroni Cheese 0 <br> Macaroni in a creamy cheese sauce | Roast Chicken with Roast Potatoes and Gravy Roast chicken with roasties and gravy | Cheese \& Tomato Pizza 0 <br> Deep base pizza with a cheese \& tomato topping | Fish \& Chips <br> Our traditional Friday favourite |
| Alternative Dish | Butternut Squash \& Chickpea Curry \& Rice <br> Chunky vegetables in a mild curry sauce | Mild Bean Chilli \& Rice <br> Baked bean chilli and fluffy rice | Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy 0 : <br> Chunky sweet potato and chickpea roast | Beef Pasta Bolognese <br> A classic Italian beef bolognese in tomato sauce | Dippers and Chips Crispy Quorn nuggets |
| Jacket Potato | Jacket Potato with Salmon Mayo | Jacket Potato with Veggie Bolognese | Jacket Potato with Cheese | Jacket Potato with Baked Beans | Jacket Potato with Cheese $\mathbf{0}$ ) |
| Vegetables | Golden Sweetcorn or Salad | Rainbow Vegetables or Salad | Carrots and Cabbage | Garden Peas or Salad | Baked Beans or Salad |
| Desserts | Smooth Fruit Yoghurt | Apple, Orange \& Melon Fruit Bowl | Cranberry Shortbread Biscuit | Pear \& Chocolate Sponge | Jammy Jack Flapjack |

## WEEK TWO w/c $\mathbf{2 8}^{\text {th }}$ Nov

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Hot Main Dish | Chicken Korma \& Rice <br> Mild creamy korma sauce and fluffy rice | Cheese \& Tomato Pizza <br> Deep base pizza with a cheese \& tomato topping | Roast Ham with Roast Potatoes and Gravy Ham in gravy with roasties and gravy | Classic Beef Burger <br> Served with salad \& diced potatoes | Fish \& Chips <br> Our traditional Friday favourite |
| Alternative Dish | Quorn Sausage, Mash \& Gravy <br> Sausage in gravy with mash potato | Beef Pasta Bolognese <br> A classic Italian beef bolognese in tomato sauce | Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy <br> Chunky sweet potato and chickpea roast | Mild Bean Chilli \& Rice <br> Baked bean chilli and fluffy rice | Cheese \& Vegetable Frittata \& Chips ( ${ }^{2}$ ) Oven baked omelette and chips |
| Jacket Potato | Jacket Potato With Cheese | Jacket Potato <br> With Baked Beans | Jacket Potato With Tuna Mayo | Jacket Potato <br> With Cheese | Jacket Potato ( ) <br> With veggie bolognese |
| Vegetables | Garden Peas or Salad | Green Beans or Salad | Carrots and Cabbage | Golden Sweetcorn or Salad | Baked Beans or Salad |
| Desserts | Cranberry Shortbread Biscuit | Smooth Fruit Yoghurt | Pear \& Chocolate Sponge | Apple, Orange \& Melon Fruit Bowl | Muesli Flapjack |

WEEK THREE w/c $5^{\text {th }}$ Dec

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Hot Main Dish | Macaroni Cheese <br> Macaroni in a creamy cheese sauce | Sausages, Mash \& Gravy <br> Pork \& beef sausages in gravy | Roast Beef with Roast Potatoes and Gravy <br> Sliced roast beef with roasties and gravy | Cheese \& Tomato Pizza <br> Deep base pizza with a cheese \& tomato topping | Fish \& Chips <br> Our traditional Friday favourite |
| Alternative Dish | Chicken Tikka Masala \& Rice <br> Mild tikka sauce and fluffy rice | Cheese \& Tomato Pasta <br> 0 <br> Creamy cheese \& tomato sauce with pasta | Quorn Sausage with Roast Potatoes and Gravy Quorn Sausage in rich gravy with roasties | Butternut Squash \& Chickpea Curry \& Rice <br> Chunky vegetables in a mild curry sauce | Veggie Burger \& Chips <br> Quorn Pattie in a bun with chips |
| Jacket Potato | Jacket Potato With Tuna Mayo | Jacket Potato With Baked Beans | Jacket Potato <br> With Cheese | Jacket Potato 0 에 <br> With Veggie Bolognese | Jacket Potato <br> With Cheese |
| Vegetables | Green Beans or Salad | Garden Peas or Salad | Carrots and Cabbage | Rainbow Vegetables or Salad | Baked Beans or Salad |
| Desserts | Jammy Jack Flapjack | Apple, Orange \& Melon Fruit Bowl | Pineapple Sponge | Smooth Fruit Yoghurt | Muesli Flapjack |

