

W/C 27/11/17	Meat Option	Vegetarian Option 2	Served with	Jacket Potato and Salad	Homemade Bread of the day	Dessert
Monday			Salad & veg sticks	Cheese & beans or Tuna	Seeded	Fruit or Yoghurt
Tuesday	Beef bolognese	Vegetable bolognese	Spaghetti, parmesan & salad	Cheese or Tuna Mayo	Garlic bread	Fresh Fruit or Lemon Drizzle cake
Wednesday	Sweet & Sour Pork	Sweet & Sour Quorn	Steamed wholegrain rice & white rice, green beans	Beef or vegetable bolognese	Sesame sliced	Fruit platter or Cookie & milk
Thursday	Roast Chicken	Stuffed red pepper	Roasties, carrots, peas, stuffing and gravy	Sweet & Sour pork or quorn	Baguette slices	Fruit jelly & Ice cream
Friday	Oven baked fish	Fried egg	Oven chips & baked beans	Cheese or beans	Tiger bread	Fruit or chocolate brownie
W/C 04/12/17	Meat Option	Vegetarian Option	Served with	Jacket Potato and Salad	Homemade Bread of the Day	Dessert
Monday	Bangers	Veggie Sausages	Oven baked chips, beans	Tuna or Cheese	Hot Dog rolls	Toffee pudding & custard or fruit platter
Tuesday	Beef Cottage pie	Puy lentil Shepherdess pie	Sweetcorn, garden pea & gravy	Cheese or BBQ baked beans	Wholemeal	Fruit or sticky ginger cake
Wednesday	Roast Beef	Cheese, potato & onion layer bake	Roast potatoes, carrots, broccoli, yorkies and gravy	Savory mince or puy lentil sauce	Tiger bread	Fruit or Vanilla/Choc marble cake
Thursday	Chicken & sweetcorn pasta bake	Cauliflower cheese pasta bake	Green beans	Beef casserole or cheese	Garlic Bread	Fresh Fruit or Yoghurt
Friday	Baked Salmon & bacon	Spanish Omelette	Roast potatoes, peas & spring onions	Cheese & beans	Baguette	Oat & coconut energy bar & milk