

# MENU

W/C 02/07/18	Meat Option	Vegetarian Option	Served with	Jacket Potato and Salad	Homemade Bread of the	Dessert
<b>Monday</b>	Meatballs in tomato sauce	Quorn balls in tomato sauce	Tricolour pasta and parmesan	1. Cheese 2. Tuna mayo	Garlic bread slice	Chocolate brownie /yogurt/ fruit
<b>Tuesday</b>	Butter chicken curry	Sweet potato and lentil curry	Steamed rice and green beans	1. Beef meatballs 2. Quorn meatballs (both with tomato sauce)	Naan bread	Orange drizzle cake/yoghurt/fruit
<b>Wednesday</b>	Roast beef and Yorkshire pudding	Quorn sausage and Yorkshire pudding	Roast potato, vegetable medley & gravy	1. Butter chicken 2. Sweet potato and lentil curry	Tiger bread	Fruit jelly/ice-cream/yogurt/ fruit
<b>Thursday</b>	Steak pasty pie	Cheese and onion pasty	baked beans	1. BBQ beef 2. BBQ quorn	50/50 bread	Blueberry muffin/yogurt/ fruit
<b>Friday</b>	Oven baked battered cod fish finger	Vegetable sausage	Oven baked chips and garden peas	1. Cheese or 2. Tuna mayo	Baguette slice and butter	Cookies and milk/yogurt/fruit
W/C 9/07/2018	Meat Option	Vegetarian Option	Served with	Jacket Potato and Salad	Homemade Bread of the	Dessert
<b>Monday</b>	Build your own chicken wrap	Build your own Quorn wrap	salad and fajita sauce and cheese	1. Cheese, tomato and spring onion	wraps	Chocolate crackle/yoghurt/ fruit
<b>Tuesday</b>	Salmon and cod fish pie	Cheese and tomato pizza	Veggie sticks	1. Ham & pickle 2. Baked beans	Pizza base	Lemon drizzle cake/yogurt/ fruit
<b>Wednesday</b>	Roast chicken with sage and onion stuffing	Veggie sausage with sage and onion stuffing	Roast potatoes, vegetable medley & gravy	1. Cheese or 2. Baked beans	50/50 bread	Fruit jelly/ice-cream/yogurt/ fruit
<b>Thursday</b>	Chicken curry	Vegetable and chickpea curry	Steamed rice and green beans	1. Chicken and sweetcorn 2. Garlic mushrooms	Naan bread	Cookies and milk/ yogurt/fruit
<b>Friday</b>	Oven baked breaded fish	Fried egg	Oven baked chips and baked beans	1. Chicken curry 2. Veggie curry	Tiger bread	pear muffin/ yogurt/fruit

W/C 16/07/2018	Meat Option	Vegetarian Option	Served with	Jacket Potato and Salad	Homemade Bread of the	Dessert
<b>Monday</b>	Sticky Chinese chicken drumstick	Sticky Chinese Quorn piece	Egg noodles and sweetcorn	1. Cheese and tomato 2. Tuna mayo	Flat bread	Chocolate crunch/yogurt/ fruit
<b>Tuesday</b>	Build your own beef burger	Build your own veggie burger	Salad and coleslaw	1. Sticky Chinese Chicken 2. Sticky Chinese Quorn	Burger bun	Cheese & Boscs/ yogurt/fruit
<b>Wednesday</b>	Gammon and pineapple sauce	Cheese ploughman's with homemade pickle	Crispy roasties, vegetable medley & gravy	1. Cheese 2. Baked beans	50/50 bread	Fruit jelly/ice- cream/yogurt/ fruit
<b>Thursday</b>	Chicken biryani (Indian rice dish)	Veggie egg biryani (Indian rice dish)	Green beans and raita	1. Ham & homemade pickle or 2. Cheese & coleslaw	Naan bread	Chocolate orange shortbread & milk/ yogurt/fruit
<b>Friday</b>	Oven baked fish finger	Spanish omelette	Oven chips & baked beans	1. cheese 2. tuna	Baguette slice and butter	Strawberry angel delight/ yogurt/fruit